

Bulletin

Xtremor 2010

17. – 19. July 2010, Pliskovica, Slovenia

Bulletin

Dear Xtremor participants!

As you made entry for Xtremor, we are sure that you already know that Xtremor:

- * is a 3 day event held at 1 Finish area

- * runners on most of the courses will experience some technically demanding orienteering on some of the Slovenian finest karst terrain

and that:

- * this bulletin exists in online version only (no paper version will be distributed)
- * directions to the Finish area are only provided on internet website (there will be no marks on the roads)
- * start lists will not be printed separately for clubs, but can be seen on internet / at Finish area /
- * there will be no speaker and no music at the Finish area
- * limited working hours of info point
- * no Kid's course
- * no Kindergarden
- * no accommodation provided by organizer
- * no possibility to enter race after the last deadline and therefore no Open Classes
- * no costs for parking
- * all payments to be done in advance - no money handling at the event (except for very special pre-agreed cases)

Open hours of competition office:

17th - 19th July - At the Finish area at Pliskovica, starting 1 hour before the first start, closing after the last competitor is back from the forest. Exception is the 1st stage when CC office opens at 8.00 (2 hours before start).

Event type:

3 day event. Results of 3 days sum up for the final classification.

Start:

First start:

17th July: 10:00

18th July: 09:00

19th July: 09:00

Distances to start:

1st stage: 800m

2nd stage: 1100m

3rd stage: 1950m

Maps:

Scales:

Stage1: 1: 7500

Stage2: 1: 7500

Stage3: 1: 7500

Map protection:

Maps will be protected with plastic bags, which will not be sealed, however.

Insurance

Competitors are not insured by organizer. Organizer takes no responsibility for any injuries or health issues that might happen or occur among the participants of Xtremor 2010, before, during or after the event. Each competitor takes part solely on his/her own responsibility. The closest health center / hospital is in Sežana (cca. 20 min drive from Pliskovica)

Water

Water for drinking will be provided at Finish area.

Control descriptions:

Control descriptions will be handed to clubs together with start bibs. They will also be printed on the maps. They will NOT be available at the start.

Number bibs

It is compulsory for all competitors to wear the number bib on their chest!

Prize giving

On Monday, 19th July, a small prize giving ceremony will take place cca. 45 min after the last start of the last stage, that is around 11 o'clock. Symbolic prizes will be given to the best 3 in the classes.

SI Card rentals

All competitors who will rent an SI card, will have to leave a document or money amount which corresponds the price of the chip. This amount or the document will be given back as soon as the SI card is returned to the organizer. If the card is lost, the competitor must pay for it.

Time limit

Organizer reserves the right to collect the control marks each day 130min after the last start.

Taking maps and giving them back ...

At the start, each competitor takes the map at his own responsibility. Therefore, before you start to run towards the first control, check the class on the map in order to be sure that the right one was taken.

We will not ask runners to return maps after finishing race. Therefore, all competitors **ARE ASKED FOR FAIR PLAY** - do not show your map to the runners who haven't started yet!

Parking

Please see the scheme (Map2) published at www.xtremor.com. We kindly ask all participants who are accommodated in Pliskovica hostel NOT to use their cars to get to the Finish area. Competitors who are coming with mobile homes, can try to use the small public parking lot (which is also marked on the Map2).

Ticks

There are ticks in the forest of Xtremor2010. The chances to get an infected tick is low, but it exists. After the race, please check your and your children's bodies and remove

possible attached ticks from your skin. Removing ticks as soon as possible is the best possible prevention.

SI chip read out – very important!

Finish control for all 3 days will be at the same place, about 250m from the read out tent.

Do not forget to read out your SI chip after the race. If we don't read your card we cannot classify you! Even the runners who don't finish the course are kindly asked to register at the tent after the race.

Enjoy the races!

Xtremor 2010